

COVID-19: Gradation of measures in facilities, by alert level

For measures not addressed in this table, please see the relevant ministerial directives

TABLE E Directives applicable to IR/FTRs housing youths (placements under the YPA / AHSS)					
Measures	New Normal		Additional Measures		
	Alert Level 1	Alert Level 2	Alert Level 3	Alert Level 4	Preventive isolation / Isolation or Outbreak (at least 2 confirmed cases in the facility)
Access to the facility: The number of new people who visit may vary according to the facility's capacity and specific context (number of infected cases or number of employee/replacement absences). Note that the total number of people who may visit the facility at the same time includes users' visitors and parents as well as visitors to the IR-FTR.					
Visitors¹					
Inside and outside the facility	Permitted Maximum of 10 visitors at once in the facility, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times.	Permitted Maximum of 10 visitors at once in the facility, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times.	Permitted Maximum of 6 visitors at once in the facility, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times.	Not permitted	Not permitted
Accompanying the user outside the grounds (e.g. for a walk)	Permitted	Permitted	Permitted	Not permitted	Not permitted
Parents²(or any other person named on an order)					
Visits inside the facility, in the user's room	Permitted Maximum of 2 parents at once	Permitted Maximum of 2 parents at once	Permitted Maximum of 1 parent at once. Adjust the frequency by compensating with other methods (e.g. telephone conversations or virtual visits)	Permitted Maximum of 1 parent at once to provide assistance or support to the youth, in his or her room or in a dedicated space.	Not permitted
Visits outside the facility	Permitted Maximum of 10 people at once, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times	Permitted Maximum of 10 people at once, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times	Permitted Maximum of 6 people at once, strongly recommended that the visitors come from no more than 3 households, and two-metre physical distancing must be applied at all times. Adjust the frequency by compensating with other methods	Permitted Maximum of 1 parent at once. Adjust the frequency by compensating with other methods (e.g. telephone conversations or virtual visits)	Permitted Maximum of 1 parent at once.

¹ **Visitors:** any person who wishes to visit the user, who is not a family member and who is not covered by the definition of informal caregiver. It may be someone the user knows and with whom he or she has occasional contacts not essential to his or her physical and psychological well-being. It may also be a person the user does not know. In addition, for visitors from a region that is not at the same alert level as the region in which the facility is located, the directives for the most restrictive alert level apply.

² For parents from a region that is not at the same alert level as the region in which the facility is located, the directives for the most restrictive alert level apply.

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			(e.g. telephone conversations or virtual visits)		
Parent-child contact outing	Permitted In compliance with public health authority measures and ministerial order 2020-032, and the DYP's decision-making algorithm where applicable	Permitted In compliance with public health authority measures and ministerial order 2020-032, and the DYP's decision-making algorithm where applicable	Permitted In compliance with public health authority measures and ministerial order 2020-032, and the DYP's decision-making algorithm where applicable	Permitted In compliance with public health authority measures and ministerial order 2020-032, and the DYP's decision-making algorithm where applicable	Not permitted Where possible, provide for alternative methods.
Others					
The facility's health and social service professionals (e.g. educator, occupational therapist, nurse, etc.)	Permitted	Permitted	Encourage remote consultation / intervention, otherwise adjust frequency according to needs.	Essential services only N.B. All interventions carried out under the Youth Protection Act are considered to be essential services.	Essential services only N.B. All interventions carried out under the Youth Protection Act are considered to be essential services.
Personnel paid by the resource for leisure activities (e.g. recreology, music therapy, pet therapy)	Permitted	Permitted	Not permitted	Not permitted	Not permitted
Volunteers entering the resource	Permitted	Permitted	Not permitted Except for essential services, with rigorous application of IPC measures	Not permitted	Not permitted
Construction, renovation or repair workers	Permitted	Permitted	Permitted To complete work that is essential or has already been started	Not permitted Except for repairs and maintenance needed to ensure safety	Not permitted Except for repairs and maintenance needed to ensure safety
IPC oversight visits (MSSS, RSSS) or CNESTT inspection visits	Permitted	Permitted	Permitted	Permitted	Permitted
Ministerial quality assessment visits (MSSS)	Permitted	Permitted	Not permitted	Not permitted	Not permitted
User service quality control visits	Permitted	Permitted	Permitted	Not permitted Except for essential visits	Not permitted
Deliveries for users (food, purchases, etc.) and goods brought in by families	Permitted	Permitted	Permitted Packages and containers disinfected or a 72-hour waiting period, and IPC measures applied when handing over goods to users.	Permitted Packages and containers disinfected or a 72-hour waiting period, and IPC measures applied when handing over goods to users.	Permitted Packages and containers disinfected or a 72-hour waiting period, and IPC measures applied when handing over goods to users.
Pet animals accompanying an informal caregiver or visitor	Not permitted	Not permitted	Not permitted	Not permitted	Not permitted

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Temporary accommodation (respite care, assistance) <i>Excludes emergency placements</i>	Permitted	Permitted	Permitted	Not permitted	Not permitted Unless the user needing temporary accommodation has tested positive for COVID, and accommodation serves as a buffer zone.
Users					
Meals in the dining room	Permitted	Permitted	Permitted	Permitted	Not permitted for the person concerned
Meals in the room	Not recommended	Not recommended	Not recommended	Not recommended	Mandatory for the person concerned
Group activities	Permitted	Permitted	Permitted	Permitted	Not permitted For the person concerned
Preventive isolation in the room	Not permitted	Not permitted	Not permitted	Not permitted	Permitted for the person concerned
Attendance at daycare / school <i>(including school-related trainee placements)</i>	Permitted	Permitted	Refer to the directives issued by the Ministère de la Famille / Ministère de l'Éducation	Refer to the directives issued by the Ministère de la Famille / Ministère de l'Éducation	Not permitted
Socio-professional activities <i>(integration via trainee placements, work, day centre, etc.)</i>	Permitted <i>In compliance with the DYP's decision-making algorithm where applicable</i>	Permitted <i>In compliance with the DYP's decision-making algorithm where applicable</i>	Permitted <i>In compliance with the DYP's decision-making algorithm where applicable</i>	Permitted <i>In compliance with the DYP's decision-making algorithm where applicable</i>	Not permitted
Outings (restaurants, drugstore, etc.)	Permitted	Permitted	Not recommended / give priority to deliveries for restaurants, drugstores and stores	Limited to essential outings and/or give priority to deliveries for restaurants, drugstores and stores	Not permitted for anyone
Walks outdoors	Permitted	Permitted	Permitted	Permitted On the facility's grounds only, or with supervision if outside the grounds	Not permitted for the person concerned
Personnel/replacements/trainees					
Personnel/replacements/trainees working in the facility only ³	Recommended	Recommended	Strongly recommended	Strongly recommended	Mandatory

N.B. For the purpose of Public Health Authority instructions, measures and information, the vulnerability factors of the other people living in these IR-FTRs (users, the facility managers and their family members) must also be taken into consideration when identifying the directives that can reasonably be applied (categories 2 and 4).

The health directives applicable to different facilities are based on two main elements:

³ Must also be in compliance with other ministerial directives or orders applicable to the human resources.

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- The COVID-19 vulnerability factors of the people living in the facility
- The organization of services in the facility (similarity to a family unit, number of different people providing services to users, potential number of visits)

The known vulnerability factors for COVID-19 complications are as follows:

- Age 70 or over
- Compromised immune system (according to the INESSS): https://www.inesss.qc.ca/fileadmin/doc/INESSS/COVID-19/COVID-19_Immunosupression.pdf
- Chronic disease, more specifically an uncontrolled or complex chronic disease that is severe enough to require regular medical monitoring or hospital care (for further details, see page 4 of the INSPQ document on workers with chronic diseases: https://www.inspq.qc.ca/sites/default/files/publications/2967_protection_travailleurs_sante_maladies_chroniques.pdf)
- Significant obesity (e.g. BMI \geq 40)
- A medical condition with decreased clearance of respiratory secretions or risk of aspiration (e.g. cognitive disorder, spinal cord injury, convulsive disorder, neuromuscular disease).